



# KICKSIDE MARTIAL ARTS

## Hillsborough Schedule Effective September 5<sup>th</sup> 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<i>PRIVATE LESSONS available 6 days</i>		<i>PRIVATE LESSONS available 6 days</i>		<i>PRIVATE LESSONS available 6 days</i>	<b>Bring a Friend to Class, Saturdays only!</b>
4:15 – 5:00 Green & Above Juniors	4:30 – 5:15 White – Sr. Yellow Juniors	4:15 – 5:00 Brown & Above Juniors	4:30 – 5:15 White – Sr. Blue Juniors	4:30 – 5:15 White – Sr. Yellow Juniors	8:30 – 9:15 All Ranks Teens & Adults
5:00 – 5:30 Little Kickers	5:15 – 6:00 <b>MMA</b> Juniors	5:00 – 5:30 Little Kickers	5:15 – 6:00 <b>MMA</b> Juniors	5:15 – 6:00 Green & Above Juniors	9:15 – 10:00 <b>MMA</b> All
5:30 – 6:15 White – Sr. Yellow Juniors	6:00 – 6:45 Green & Above Juniors	5:30 – 6:15 White – Sr. Yellow Juniors	6:00 – 6:45 Brown – Sr. Red Juniors	6:00 – 6:45 <b>MMA</b> Juniors	10:00 – 10:45 Green & Above Juniors
6:15 – 7:00 All Ranks Teens & Adults	6:45 – 7:30 Black Belts, Teens & Adults	6:15 – 7:00 Green – Sr. Blue Juniors	6:45 – 7:30 Black Belts, Teens & Adults	6:45 – 7:30 All Ranks Teens & Adults	10:45 – 11:30 White – Sr. Yellow
	7:30 – 8:15 <b>MMA</b> Teens / Adults	7:00 – 7:45 Black Belts, All Ranks Teens/Adults	7:30 – 8:30 <b>MMA</b> Teens / Adults		11:30 – 12:00 Little Kickers
	8:15 – 8:45 <b>MMA OPEN MAT</b> Teens / Adults	7:45 – 8:30 <b>MMA</b> Teens / Adults			

For information on belt requirements, current events or school closings visit [kicksidema.com](http://kicksidema.com).  
Questions or concerns contact 908-336-8409 or email [KicksideMAhills@gmail.com](mailto:KicksideMAhills@gmail.com)