



MONTGOMERY MARTIAL ARTS

REVISED SCHEDULE

ONLY FOR THE WEEK OF: **October 17 - 22**

MONDAY October 17	TUESDAY October 18	WEDNESDAY October 19	THURSDAY October 20	FRIDAY October 21	SATURDAY October 22
4:00 – 4:30 Little Dragons	Private Lessons	<i>Note: rank ceremony times for your current rank, not the rank you tested to become</i>	4:00 – 4:30 Little Dragons	Private Lessons	9:00 – 10:00 Teen & Adults All Ranks
5:00 – 5:45 White – Sr. Green (Fun & Games)	5:00 – 5:45 Green & Above (Sparring class)	Rank Ceremonies	4:30 – 5:15 Green – Sr. Blue	4:45 – 5:30 White – Sr. Yellow	10:00 – 11:00 Kickboxing
5:45 – 6:15 Make-up testing (pre-approval req.)	5:45 – 6:30 White – Sr. Yellow	6:00 <i>Rank Ceremony</i> <i>White – Sr. Yellow Belts</i>	5:15 – 6:00 Yellow – Sr. Yellow	5:30 – 6:15 <i>Green – Sr. Blue</i>	11:00 – 11:45 Green – Sr. Blue
6:15 – 7:00 Blue & Above (Fun & Games)	6:30 – 7:15 Black Belts	6:45 <i>Rank Ceremony</i> <i>Green Belts and Up</i>	6:00 – 6:45 White Belt	6:15 – 7:00 Brown & Above	11:45 – 12:30 Brown & Above
7:00 – 8:30 HARDCORE WORKOUT @ CLINTON ADULTS ONLY (speak to staff member for details)	7:15 – 8:15 Adult & Teens All Ranks	7:30 <i>Rank Ceremony</i> <i>Teens & Adults</i>	6:45 – 7:30 Brown & Up	7:00 – 7:45 Teen & Adults All Ranks	12:30 – 1:15 White – Sr. Yellow
	Private Lessons	Rank Ceremonies	7:30 – 8:00 BBC A & B	Private Lessons	1:15 – 1:45 Little Dragons
	Private Lessons	<i>Wear nice clothes (i.e. no gym shoes, jeans, t-shirts, or uniforms) Thanks!</i>	8:00 – 9:00 Adults & Teens All Ranks	Private Lessons	Private Lessons

For directions, testing info, and other updates go to www.MontgomeryKick.com!