



KICKSIDE

MARTIAL ARTS

Kingsbridge Center
 378 South Branch Road
 Building 1, Suite 4
 Hillsborough, NJ 08844

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4:30 – 5:15 Green–Sr. Brown	4:30 – 5:15 White–Sr. Yellow	4:30 – 5:15 Green–Sr. Brown	4:45 – 5:15 Little Dragons	<i>Instructor Training</i>	9:15 – 10:00 Adults & Teens <i>All Ranks</i>
5:15 – 5:45 BBC	5:15 – 5:45 Little Dragons	5:15 – 6:00 Red – Black Belts	5:15 – 6:00 White–Sr. Yellow	4:45 – 5:30 Green–Sr. Red	10:00 – 10:45 Team InSeko
5:45 – 6:30 Red – Black Belts	6:00 – 6:45 Brown & Up	6:00 – 6:45 White–Sr. Yellow	6:00 – 6:45 Brown & Up	5:30 – 6:15 White–Sr. Yellow	10:45 – 11:30 Green & Up
6:30 – 7:15 White–Sr. Yellow	6:45 – 7:30 Green – Sr. Blue	7:00 – 8:00 Adults & Teens <i>All Ranks</i>	6:45 – 7:30 Green – Sr. Blue	6:15 – 7:00 Sr. Red & Black	11:30 – 12:15 White–Sr. Yellow
7:15 – 8:00 Team InSeko	7:30 – 8:30 Adults & Teens <i>All Ranks</i>	8:00 – 8:45 Team InSeko	7:30 – 8:30 Adults & Teens <i>All Ranks</i>	7:00 – 7:45 Adults & Teens <i>All Ranks</i>	12:15 – 12:45 Little Dragons
8:00 – 9:00 Adults & Teens <i>All Ranks</i>	Private Lessons Available	Personal Training Available	Private Lessons Available	Personal Training Available	Birthday Parties! 1:00 – 2:30 <i>All inclusive!</i>

(Schedule effective as of February 4, 2013) Questions? Call 800-559-KICK, or visit www.KICKSIDEMA.com