



## MOMENTUM WEEK

### Schedule October 21 - 26

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>FUN &amp; GAMES</b>	<b>MIXED MARTIAL ARTS</b>	<b>MYSTERY CLASS</b>	<b>WEAPONS</b>	<b>RANK CEREMONY</b> <i>no classes</i>	<b>Halloween Themed</b> <i>(wear your costume to class)</i>
4:15 – 5:00 Brown & Above <i>Juniors</i>	4:15 – 5:00 White – Sr. Yellow <i>Juniors</i>		4:15 – 5:00 White – Sr. Yellow <i>Juniors</i>	<b>5:30 pm</b> White – Sr. Yellow <i>Juniors</i>	Regular Classes
5:00 – 5:30 <i>Little Kickers</i>	5:00 – 5:45 Green and Above <i>Juniors</i>	5:00 – 5:30 <i>Little Kickers</i>	5:00 – 5:45 Green and Above <i>Juniors</i>	<b>6:15 pm</b> Green - Red <i>Juniors</i>	
5:30 – 6:15 White – Sr. Blue <i>Juniors</i>	5:45 – 6:30 <b>MMA</b> All	5:30 – 6:15 All Ranks <i>Juniors</i>	5:45 – 6:30 All Ranks Teens & Adults	<b>7:00 pm</b> Sr. Red, Black All Ranks Teens & Adults	
	<i>Make Up Testing</i> 5:45 – 6:15	6:15 – 7:00 All Ranks Teens & Adults	6:30 – 7:15 <b>MMA</b> All – MMA TESTING	<i>*Students should wear nice clothes and not uniform for ceremony</i>	<b>Halloween Party</b> <b>1:00 – 3:00 pm</b>
	6:30 – 7:15 All Ranks <i>Teens and Adults</i>				

Students are encouraged to bring a friend to class all week  
Halloween Party – Saturday afternoon, friends and family are welcome.